

For instance, the basic honesty required of a respondent by Integrity Therapy looks to the same dynamics, operationally, as does Adlerian Psychology in leading a counselee to the recognition and acceptance of his "hidden logic" as the rationale of his mistaken social goals. Accordingly, both schools seek a full or "truthful" account of individual feeling and action. This they do on the assumption that bringing the hidden into the light of personal recognition and possibly of social acceptance is in and of itself of therapeutic value to the individual.

It seems to this writer that at least one of the "lacunae" referred to by Dr. Mowrer may already have been clarified in Adlerian thought. I refer here to the hidden honesty in a patient which may parallel the hidden logic specified in Adlerian theory.

For example, a wife who is convinced that her husband has had affairs with other women wants from him "the facts," which she believes are equatable with honesty. Yet it becomes increasingly clear that it is not the facts as such which would satisfy her. What she is searching for, obviously, is the hidden motive which she suspects her spouse is purposely concealing from her. So she demands to know of him why, for instance, he persists in looking at and being attracted by other women's legs. He, of course, insists he does not know why and therefore should not be held accountable. But she will not be put off. His denial is to her his big lie. She believes he does know but is afraid to tell her. In a feeling sense, he assuredly does know, but does not know how to put it into words. Accordingly, therapy may clarify the problem for him and provide a means whereby his honesty can be released for both his own insight and for frank communication. Until that time of release comes, she and he will be required to wait in a mutually strained relationship.

Integrity Therapy insists that the therapist "go all the way" in determining with the patient what should be told. The Adlerian approach seeks out the hidden logic but may not always insist on the same degree or level of honesty demanded by Integrity Therapy. This, we think, is more a matter of emphasis than a genuine difference in basic theory.

Unquestionably, much more remains to be examined and studied in working out a mutually satisfying alignment. Nonetheless, beginnings have now been made. Others, we trust, will follow!

NEWSLETTER

by Eva Bullard

A.S.A.P. CONFERENCE

The Annual Conference of the American Society of Adlerian Psychology held May 26-28, in the Barbizon-Plaza Hotel of New York, was truly an educational, inspirational and social occasion. Dr. Harold Mosak was elected president for 1967-68; Dr. Wilmer Pew and Paul Brodsky, vice presidents; Dr. Rowena Ansbacher, secretary; and Dr. Bernard Shulman, treasurer.

The Education Division, with Dr. Roland P. Rice as chairman, opened the Friday afternoon program with a panel discussion: "The Four Goals of Children's Disturbing Behavior." Participants were Dr. Ernst Papanek, Dr. Manfred Sonstegard, Paul Brodsky, and Maurice Bullard, moderator, who also substituted for Bernice Grunwald. A real contribution was made in challenging those unfamiliar with the four-goal technique to become acquainted with it. At the Memorial Session to Dr. Alfred Adler, on Friday evening, Dr. Kenneth Clark's topic was "Implications of Adlerian Theory for the Understanding of Civil Rights Problems and Actions."

President Sonstegard opened the Saturday morning session with an informative address, "Applying Adlerian Group Approaches to Training School Counselors." Others on the program were Dr. Joseph Meiers, Dr. Rudolf Dreikurs, Dr. Rice, and Dr. Donald Lombardi. At the noon luncheon, Dr. Heinz Ansbacher showed slide transparencies of Alfred Adler and his early activities with family and friends.

During the afternoon session, with Dr. Kurt Adler as chairman, eight speakers presented scientific papers. On Sunday morning, Dr. Dreikurs gave A.S.A.P. members an impressive demonstration of his technique of counseling and his method of revealing the goals of behavior. Those who attended acclaimed this conference as one of the best.

GREAT BRITAIN SOCIETY ACTIVE

The Adlerian Society of Great Britain held two week-end schools this year. With "The Problem Family" as its theme, the first one was held April 14-16, at Eliot College, University of Kent, at Canterbury. After dinner on Friday, various speakers created an atmosphere of fellowship with those participants for whom Individual Psychology was new. Saturday, papers by Dr. N.R. Beattie ("The Preventive Aspects of I.P."), Dr. Kurt Graf ("Helping the Juvenile Delinquent"), and Dr. E. Weisman ("The Distressed Family") were presented and discussed. Time was reserved to visit the city and its historical cathedral. A short film "Phoebe" provided a lively after-dinner discussion on the problem of unwanted pregnancy. On Sunday morning, Paul Rom spoke about the "Problem Pupil," and Mary Dundas on "The Autistic Child." All in all a most rewarding week-end.

"The Psychology of Superstition" was the theme of the September 15-17 week-end, again at Eliot College. Seven speakers very ably presented papers on the various phases and locales of superstitions: "Superstitious Ideas of Children" by Sylvia Anthony; "Superstitions in Medicine" by Dr. Walter Bier; "Psychology of Superstitions in the West Indies" by Dr. Zoltan Wisinger; and "Superstitions and Dreams" by Paul Rom—to name a few of them. Dr. Knut Baumgartel of Vienna and Dr. Joseph Meiers of New York were guest speakers. These fine meetings do much to continue to spread knowledge and promote interest.

THE ADLERS IN OREGON

Dr. Alexandra Adler visited Oregon, February 10-11, and spoke at three events sponsored by the Oregon Society of Individual Psychology. After a banquet in Eugene, she gave a talk, "The Relevancy of I.P. in our Changing World," to an audience of 175 persons. At the Saturday morning session of the Francis Willard Family Counseling Center in Eugene, she was interviewed before more than 500 parents, students and educators. After a buffet luncheon at the home of Dr. Ray Lowe, she travelled to Portland, and at Portland State College 200 members, teachers, and doctors heard her lecture. Later she met with members of a counseling class at the home of Dr. George Saslow, Department Head of the Psychiatry Section of the University of Oregon Medical School.

Dr. Kurt Adler and his wife Tanya spent two weeks in Oregon, July 28 to August 11, while he conducted a workshop at Oregon State University. Dr. Adler gave the concluding lecture of a cultural series on the campus to a capacity audience of 750. His topic was "Mental Health: Competition and Cooperation." The Corvallis Study Group leaders spent a profitable evening discussing practical problems with Dr. Adler. Social activities for the Adlers included a day on the Oregon coast and a patio dinner at the home of Dr. and Mrs. Oscar Christensen, in Eugene.

ANNUAL MEETING OF THE OREGON SOCIETY

This banquet meeting had been planned to coincide with the Adlers' visit. On August 4, about 60 members met in a Salem restaurant to honor Dr. and Mrs. Adler. The members were stimulated by his address, "Depression and Suicide," as it was a change from the usual educational fare offered them. At a brief business session the 1967-68 officers elected were David Seidel, president; Mrs. Charline Edwards, vice president; Jo Hanna Howe, secretary; Mrs. Jenny Brown, treasurer; and Mrs. James Smith, historian.

BUSY DR. DREIKURS

The pace set by Dr. Rudolf Dreikurs would tax the strength of many a younger man. In spite of a snow storm in Chicago, his 70th birthday was celebrated in February with a memorial party attended by 175 persons from many parts of the United States. This summer Dr. "D" taught courses at the University of Illinois and assisted in establishing an Adlerian Group in Urbana, Ill., sponsored by faculty members. In July, Dr. Dreikurs participated in a

six-day in-service training program held by the Mad River Township schools in Dayton, Ohio. A \$25,000 grant financed this training program for all their school psychologists. All staff members of the Chicago Alfred Adler Institute did stints of 2 or 3 days as instructors at these sessions. An intensive workshop on "Motivation and Modifications" was conducted by the Chicago Institute at the Center for Continuing Education, at the University of Chicago. A workshop for dentists was held in July at the Chicago Institute, with Dr. Dreikurs and Dr. Bina Rosenberg as instructors.

Dr. and Mrs. Dreikurs enjoyed a brief holiday in Athens and a nearby island, before beginning work with the staffs of several private schools, social workers, and members of a new Alfred Adler Institute to be established there. On September 15, the Dreikurs arrived in Munich, where Dr. "D" gave a week's workshop for the administrators of all elementary schools in the European area under the U.S. Dependent Schools, Department of Army. In Stuttgart, he gave a series of radio talks and TV programs. Beginning in October, Dr. "D" will serve as a full-time professor on the staff of the Bar Ilan University of Israel and will conduct intensive training for new staff members of the Alfred Adler Institute in Tel Aviv. In addition, he is to give a course in psychiatry for psychotherapists, another course for community leaders and social workers, and a practicum in group therapy.

CHICAGO INSTITUTE ENLARGES STAFF

New members added to the Alfred Adler Institute staff include Don C. Dinkmeyer, Ph.D., Assistant Professor of Educational Psychology and Counselling, De Paul University; Wilmer Pew, M.D., resident in psychiatry, University of Minnesota, and a career fellow in the Department of Child Psychiatry; Don Verger, Ph.D., Professor of Psychology at Wisconsin State University; and Achi Yatomi, social worker and staff member of the Alfred Adler Institute of Tel Aviv. Evelyn Wachman was appointed executive secretary of the Institute.

I.P. WORK CONTINUED IN WASHINGTON

For the second year a summer session relative to Adlerian Psychology was conducted at Wenatchee Valley College, in the state of Washington. Dr. Manfred Sonstegard led a Parent-Child Counseling Center and taught classes in advanced theory and counseling, group dynamics, and the organization and administration of guidance programs. This three-summer workshop series is designed to develop a completely Adlerian-oriented community. Dr. William Steward, President of the college, and an advisory committee obtained a grant to finance this program.

ACTIVITIES IN CALIFORNIA

The Family Adjustment Institute of Montclair, California, entered the Newsletter field in May, with an excellent first publication. Designed for that community, it contained local news, announcements, study-group activity reports, a book review, special articles, and a family incident handled in an Adlerian manner.

In the Los Angeles area, a series of lectures and classes was conducted by Paul Brodsky. From June 28 to August 2, he taught clinical psychology at the Beverly Vista Elementary School. This was sponsored by the Beverly Hills Unified School District.

For 1967-68, the L.A. Institute of I.P. will have the following officers: chairman, Carol Edwards; vice chairman, John McGee; secretary, Roberta Foster; and treasurer, Jim Goldsmith. Professional advisors include Paul Brodsky, Myrtle Hershman, and Dr. Eva Olman.

In July, Mrs. Bernice Grunwald of the Chicago Institute staff conducted a two-week workshop entitled "Group Dynamics in the Classroom" at La Verne College.

HAWAII'S CENTER BEGINS THIRD YEAR

The third season of the Family Counseling Center of Hawaii began in September, with two Adlerian counselors on the staff. Dr. Raymond Corsini, who was instrumental in organizing the Center, is now being assisted by Dr. Harold Kozuma, formerly teaching at Long Beach Junior College, in California. Dr. Kozuma is now employed as Chief of Elementary School Counselors in Honolulu. Two social workers, two playroom workers, a medical consultant, and a legal advisor complete the staff of this non-profit center, which offers free counseling services to families.

WORK IN INDIA

In Bombay, India, Jai Godrej is practicing the principles of I.P. and acquainting her colleagues with them. In a country where corporal punishment is common in the schools, she conducted a workshop to show the teachers better methods of discipline, the Adlerian in particular.

NETHERLAND'S SOCIETY HOLDS WEEK-END SCHOOL

The Nederlandse Werkgemeenschap voor Individualpsychologie held a week-end school at Amersfoot, in April. Various phases of the theme "The Psychological Background of Art" were presented by Paul Rom, Frits Vogels, and E. Lebret. About 30 people enjoyed this stimulating meeting and its accompanying good fellowship.

SWISS SOCIETY GROWING IN MEMBERSHIP

The Schweizerische Gesellschaft für Individualpsychologie now has 85 members, and under the leadership of Eric Blumenthal, president, and Mrs. Graber, secretary, continues active. In May, an IP consultation room was opened in Zurich, with Eric B. in charge. Paul Brodsky of Los Angeles was guest speaker at the Society's September meeting in Zurich. His talk, "Family Counseling as Group Technique," was well received. In Zurich, Dr. Victor Louis and Dr. Christoph Wolfensberger are the two representatives of IP at the Institute of Applied Psychology and give lectures every semester. Eric has been conducting a successful training program this year. In Filzbach, 65 social workers attended the sessions; in Uster, 40 teachers; and in Neukirk, 70 persons were instructed. Early in the year an audience of 400 attended a lecture given by Eric in Basel, and in September, 500 persons came to hear him talk, again in Basel.

LIECHTENSTEIN IN THE NEWS

All the teachers of the small country of Liechtenstein attended a two-day workshop in Adlerian Methods, September 29-30. Eric Blumenthal conducted this training program for the more than 100 teachers. Perhaps this will become the first country in which all the teachers will be Adlerian-oriented.

GERMAN SOCIETY HOLDS WORKSHOP

The first activity on a large scale since World War II will be an early October workshop in Aachen, with Dr. Dreikurs as consultant. Dr. Wolfgang Metzger of the University of Munster, president of the German Adlerian Gesellschaft, arranged this event to coincide with Dr. D's brief sojourn in Germany relating to his books. The German translation of *The Challenge of Parenthood* is now in its third edition. Dr. Dreikurs' book *Psychology in the Classroom* has just been released by the publishers in Stuttgart. Eric Blumenthal did the German translation for both of these books.

FORECAST OF TWO NEW SOCIETIES

According to a brief note in the International Newsletter, an Adlerian Society is being organized in Australia, with present headquarters in Melbourne.

Minnesota's Society of I.P. has a constitution and will meet in October to elect permanent officers. Dr. and Mrs. Wilmer Pew have been instrumental in getting this organization started.

NEW NATIONAL CHARITY FORMED TO FIGHT EPILEPSY; LBJ HAILS MOVE

Washington, D.C., September 27—Intensive merger negotiations lasting almost four years have finally resulted in the formation of a major new national voluntary health organization: Epilepsy Foundation of America (E.F.A.).

INDIVIDUAL PSYCHOLOGY SOCIETY OF NEW YORK

At the Academy of Medicine on October 9th, Dr. Erwin Ringel, president of the Austrian Society of Individual Psychology and of the Psychological Society for the Prevention of Suicide, delivered a paper on "Prejudice from the Viewpoint of Individual Psychology." The meeting was sponsored by the Individual Psychology Society of New York. It was chaired by Dr. Alexandra Adler, president of the New York organization. A lively discussion followed his highly appreciated talk.

EDITOR'S NOTES

The November '67 issue of the *Journal of Individual Psychology* will feature a section on Life Style, a group of articles that should prove to be of great value and interest for the practicing Adlerian.

Dr. Joseph Meiers suggests that readers of this issue of the *Individual Psychologist* would enjoy and greatly profit from adding to their studies about Testing the book—albeit not a new one—*Success in Psychotherapy* (Eds: Werner Wolff and J.A. Precker, New York: Grune and Stratton, 1952, 195 pp.).

The first article in this book, for instance, is "Problems in the Definition and Measurement of Success in Psychotherapy," by Dr. Harold H. Mosak. Although this article discusses mainly the measurement of therapeutic progress or success, one can learn a great deal about the "significance" and validity of (psychological) testing. Besides, Dr. Mosak's article carries a most useful bibliography of 74 items.

We congratulate our colleagues in the Otto Rank Association on the establishment and publication of a new semi-annual journal in our field, *Journal of the Otto Rank Association*. Vol. I appeared in the Fall '66. Subscription rate: \$10.00 for four issues; single copy \$2.50.

ANOTHER ADLERIAN MENTAL HEALTH CENTER

Kudos to Dr. Leo Rattner. He has established a private, strictly Adlerian Mental Health Center, at 69-40 108th Street, Forest Hills, New York. The therapists are Adlerian trained, having graduated from the Alfred Adler Institute of New York. They served their term of internship in the Alfred Adler Mental Health Clinic of New York. The patients, too, know that they are being treated by Adlerian therapists only.

OBITUARIES

The Individual Psychology Association and the Alfred Adler Mental Hygiene Clinic and Institute of New York are grieved to inform its members and colleagues of the passing of *Luna Reich, Ph.D.* on July 28, 1967, after a prolonged illness. She was a student of Alfred Adler and a members of the Adlerian group in Vienna. She joined us here in New York as one of the first when we started the Alfred Adler Mental Hygiene Clinic. For years she volunteered her services, being held in high esteem by her colleagues and cherished by her patients. Whoever came in contact with Luna Reich will remember her dedication to the profession, her sincerity and her enthusiastic support of ethical and moral ideas.

We regret to have to announce the passing of our colleague and co-worker, *Mrs. Margaret Levine*, who died after a short illness on August 12, 1967. On graduation from the Alfred Adler Institute, Margaret Levine became a valued staff member of the Alfred Adler Mental Hygiene Clinic and Institute for many years. Because of her understanding and her dedication to her profession, she was greatly esteemed by colleagues as well as her patients. Her quiet and unassuming manner gave great comfort to all who came in contact with her. We shall miss her very much.

The Alfred Adler Mental Health Clinic and Institute of New York